

This is Kathy.
This is the face of CFS.



She loved to try cases in court.
She loved to socialize with friends.
She loved to ride her bike.

*She looks healthy.
But we know better.*

CFS — chronic fatigue syndrome — has robbed her of her stamina, much of her everyday function and her livelihood. CFS has robbed her of a normal life. CFS has robbed her of the simple joy of riding her bike.



But CFS hasn't robbed her of hope.

With your help,
there's hope Kathy will return
to all the things she's
missed because of CFS.

A brilliant career.

An active social life.

A simple bike ride.



With your help, we can make CFS history.

The CFIDS Association of America was founded in 1987 with one objective: *To conquer chronic fatigue syndrome (CFS)*. As we commemorate the Association's 20th anniversary, we reflect on the progress made — and the challenges still ahead.

Americans are problem-solvers. We're optimists. We're also the most generous people on earth. Culturally, philanthropy is embedded in us. And when we collectively set our minds, hearts and pocketbooks on a problem or a cause, there's very little Americans can't achieve.

Together we're already changing the course of this complex illness. We're already making CFS history.

Make a gift today.

Join your fellow Americans who are contributing to the CFIDS Association of America during this milestone year. Your Annual Fund gift...

- Helps inform patients about how to cope with this complex illness.
- Educates health care providers about how to identify and treat the illness.
- Builds recognition of the illness as a mainstream medical concern.
- Holds Congress and federal agencies accountable.
- Expands research into the causes of CFS so better treatment options and eventually cures can be found.

Provider education, public awareness and advocacy remain vitally important. Patients who suffer from CFS need clinical and emotional support **now**. But answers to the mystery of CFS will be found in the lab.

Just as determined American mothers in the late 1940s and early 1950s collected money dime by dime, door-to-door, for polio research, Americans today have the same opportunity. **We can make CFS history!**

Shaping the future.

The CFIDS Association of America is **the world's leading organization dedicated to conquering CFS** and is **the nation's largest philanthropic supporter of CFS research**. Therefore, we're in the unique position to take the lead in accelerating the pace of research. By the end of this year, the Association plans to add to its staff a doctorate-level Scientific Director to shape research funding priorities and actively engage with scientists around the world to intensify the investigation into the causes of CFS.

In addition, the Association's ongoing public advocacy program keeps the pressure on government institutions to step up their own CFS research activities. While the mystery remains unsolved, we're leaving no stone unturned.

It's a tall order, to be sure. But when researchers concentrate their energies, chances are excellent they'll make impressive progress.

People like Kathy, who grapple daily with CFS, hope for a cure.

We owe them nothing less.



A heartfelt thank-you.

As a nonprofit, voluntary health organization, the CFIDS Association of America depends upon the financial support of **you, our members and donors**, to provide its vital services to the CFS community and change the course of the history of this illness. Membership dues, for example, cover only the cost of producing the quarterly *CFIDS Chronicle* and some other outreach activities. In a typical year, excluding government grants for specific projects, **gifts from individuals account for 83% of our income.**

Your generous, tax-deductible donation demonstrates your shared commitment to making CFS part of the past. In addition to supporting this powerful goal, please consider adding \$20 to honor our community's 20-year milestone.

On behalf of the millions of Americans like Kathy who struggle with this illness, thank you for helping make CFS history.

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The latest registration and financial information filed by the CFIDS Association of America, Inc., may be obtained by contacting the CFIDS Association of America, attn: Chief Financial Officer, at P.O. Box 220398, Charlotte, NC, 28222-0398, or by faxing a request to 704-365-9755.

Yes, I want to make CFS history!



The CFIDS Association of America, Inc., is a national nonprofit, voluntary health agency. Support for its work comes primarily from donations from individuals like you. Gifts are fully deductible for tax purposes.