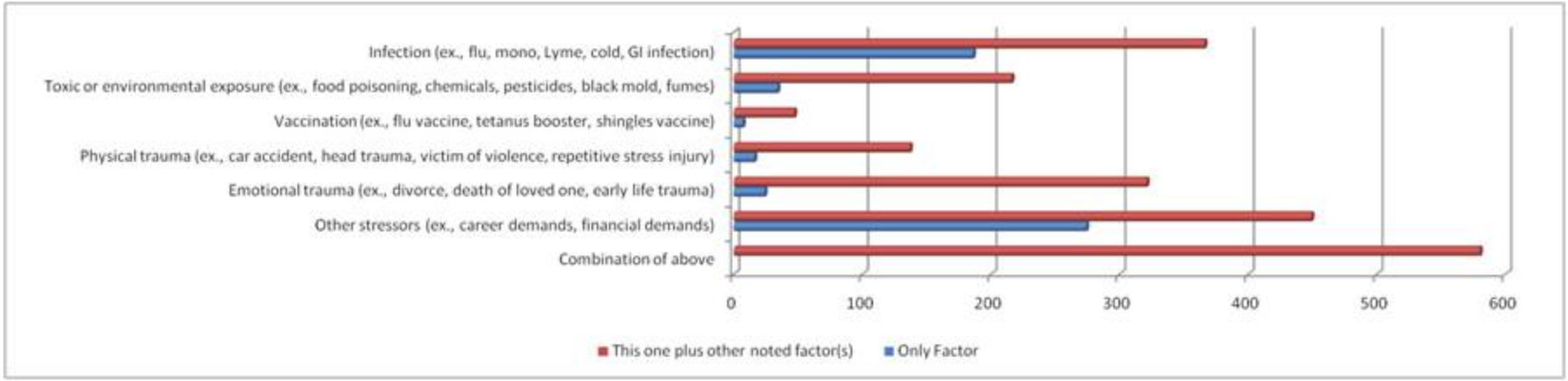
Infection (ex., flu, mono, Lyme, cold, GI infection)
Toxic or environmental exposure (ex., food poisoning, chemicals, pesticides, black mold, fumes)
Vaccination (ex., flu vaccine, tetanus booster, shingles vaccine)
Physical trauma (ex., car accident, head trauma, victim of violence, repetitive stress injury)
Emotional trauma (ex., divorce, death of loved one, early life trauma)
Other stressors (ex., career demands, financial demands)
Combination of above
0
100
200
300
400
500
600
This one plus other noted factor(s)
Only Factor