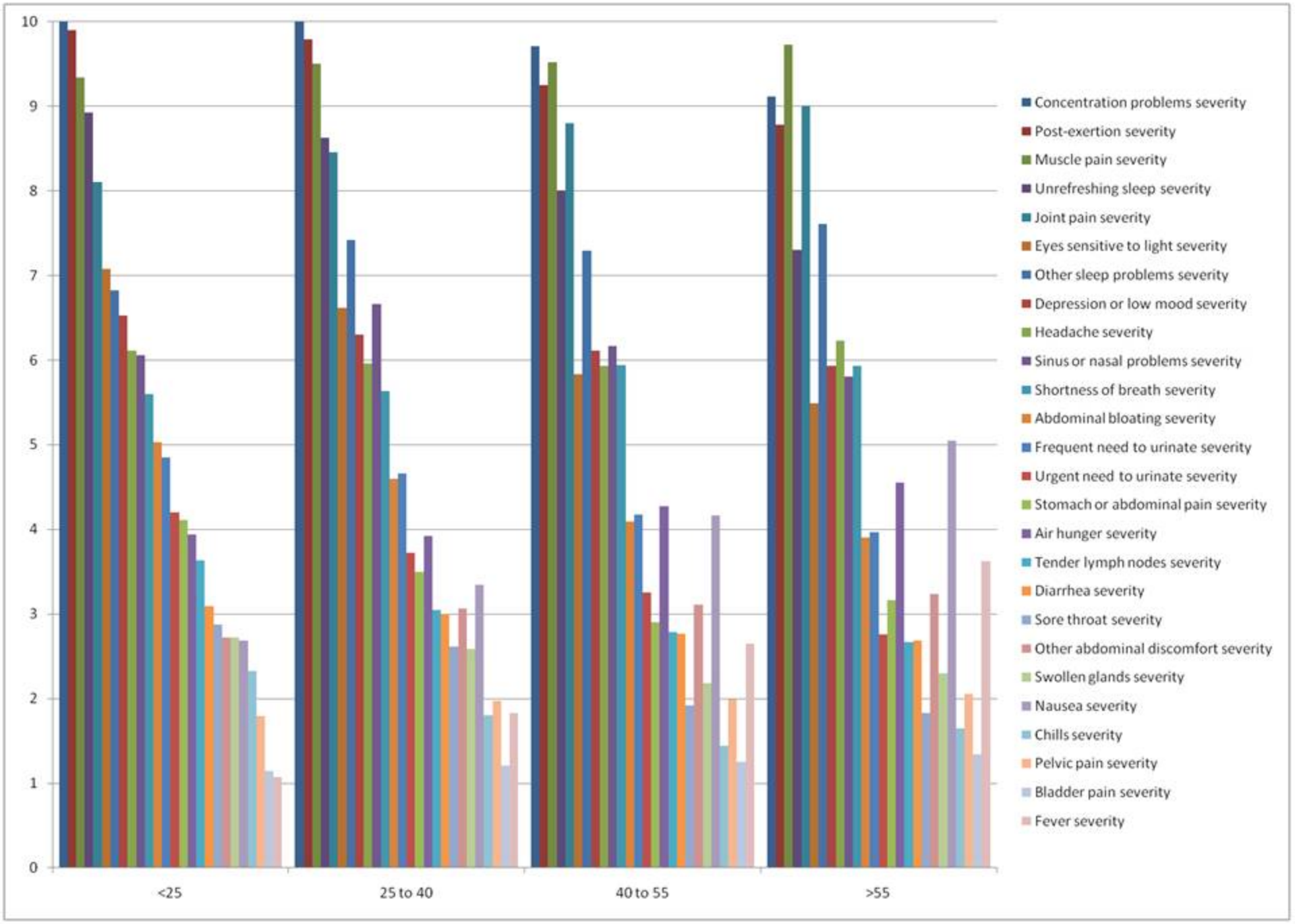
10
9
8
7
6
5
4
3
2
1
0
<25
25 to 40
40 to 55
>55
Concentration problems severity
Post-exertion severity
Muscle pain severity
Unrefreshing sleep severity
Joint pain severity
Eyes sensitive to light severity
Other sleep problems severity
Depression or low mood severity
Headache severity
Sinus or nasal problems severity
Shortness of breath severity
Abdominal bloating severity
Frequent need to urinate severity
Urgent need to urinate severity
Stomach or abdominal pain severity
Air hunger severity
Tender lymph nodes severity
Diarrhea severity
Sore throat severity
Other abdominal discomfort severity
Swollen glands severity
Nausea severity
Chills severity
Pelvic pain severity
Bladder pain severity
Fever severity